

RECREATIONAL/OPEN SWIM SAFETY INFORMATION

The YMCA is committed to providing a safe and enjoyable pool experience for all. Anyone under the age of 18, prior to swimming in the pool, must complete the YMCA swim skills assessment and be assigned a red, yellow or green swim band. These bands help our certified lifeguards keep our swimmers safe. For additional details about our new testing program, please refer to our new Aquatic Swim Safety Testing Policy found on our website at www.cyedc.org.

LANSDOWNE YMCA POOL SCHEDULE

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY	
505-9am	Lap/WW	505-9am	Lap/WW	505-9am	Lap/WW	505-9am	Lap/WW	505-9am	Lap/WW	605-9am	Lap	1245-2pm	Lap/WW
12-2pm	Lap/WW	12-2pm	Lap/WW	12-2pm	Lap/WW	12-2pm	Lap/WW	12-2pm	Lap/WW	1230-130pm	Open/PFD*	2-430pm	Open
245-345pm	Lap/WW/ Open	2-4pm	Lap/Open/ PFD*	245-345pm	Lap/WW/ Open	2-4pm	Lap/Open/ PFD*	245-345pm	Lap/WW/ Open	130-3pm	Lap/WW	430-545pm	Lap/WW
530-630pm	Lap/Open	530-630pm	Lap/WW	530-630pm	Lap/Open	530-630pm	Lap/WW	835-930pm	Open	3-6pm	Open		
930-1015pm	Lap/WW	835-930pm	Open	930-1015pm	Lap/WW	835-930pm	Open	930-1015pm	Lap/WW	6-745pm	Lap/Open		
		930-1015pm	Lap/WW			930-1015pm	Lap/WW						

Lap Swim - For our Full Privilege Members, ages 18+.

Open Swim - For our Full Privilege Youth and Family Members. (Capacity: 30 red band swimmers or 50 total swimmers)

*** PFD Free - child and adult (18+) can work on skills without a lifejacket. Must be one child with one adult, within arms reach.**

Lane ropes will be removed before the start of some scheduled classes.