



LIVESTRONG®

FOUNDATION

## SHOW YOUR SUPPORT BREAST CANCER AWARENESS SWIM CAPS

Cancer is a life-changing disease that takes a tremendous physical and emotional toll on those affected. The Y and LIVESTRONG have joined together to create LIVESTRONG at the YMCA, a research-based physical activity and well-being program designed to help adult cancer survivors reclaim their total health.

**You can support these survivors by purchasing a Community YMCA, original breast cancer awareness swim cap.**

**Swim caps are \$6 each** and a portion of your purchase will benefit the LIVESTRONG at the YMCA program and those that come through our doors seeking help.

Stop by the Front Desk and purchase one today. Thanks for making a difference today!



For more information about our LIVESTRONG at the YMCA program, contact Colleen Gutowski at [cgutowski@cyedc.org](mailto:cgutowski@cyedc.org). Classes are forming now at the Lansdowne and Ridley Area YMCA branches.

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