



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

MARCH 2019  
COMMUNITY CONNECTION

## REACHING OUR POTENTIAL IN THE COMMUNITY



[www.cyedc.org](http://www.cyedc.org)

Here at the **Community YMCA of Eastern Delaware County**, our mission is to constantly strive to reach our potential...for YOU.

This month, we're reaching out to our community members to support our **Annual Giving Campaign**. When you donate to the Community YMCA, you help us provide the people of Eastern Delaware County with the programs and services they need to thrive.

- **Funding high-quality early childhood education, preschool and child care programs.**
- **Funding high-quality summer day camps for school age children.**
- **Supporting our work with seniors and families with a focus on community health and diversity/inclusion efforts.**
- **Increasing free programming that serves the entire community.**

We are raising important charitable funds to ensure the Y continues to be a key resource in bridging gaps, bringing people together to lead healthier and happier lives, and strengthening relationships. Your donation also ensures that the Y's doors are always open to all.

### WE NEED YOUR HELP TO REACH OUR POTENTIAL.

We hope that you will consider a gift to the Community YMCA's Annual Campaign this month. Consider becoming a first-time donor, or increasing your current yearly contribution by \$10, \$25, \$100. Every amount helps to inspire us to do more and help more individuals, kids, and families that need us most.

Thank you for your support.

The Y. FOR A BETTER US.



Michael Ranck, President & CEO  
COMMUNITY YMCA OF EASTERN DELAWARE COUNTY

Visit [cyedc.org](http://cyedc.org) to donate, and to learn more about all of our programs, classes, and events



HELP US  
BECOME  
STRONGER  
SWIMMERS



PLEASE  
SEND US  
TO  
SUMMER  
CAMP



### LIFESAVING NARCAN INSTALLED

The Community YMCA of Eastern Delaware County was pleased to welcome District Attorney Kat Copeland and Chief Joseph Ryan of the county's Criminal Investigative Division this month.

DA Copeland and her team are crossing Delaware County to distribute the overdose-reversing Narcan spray. Employees at the Y received vital training and information about the spray, and installed kits in all AED boxes at both the Lansdowne and Ridley Area YMCA branches.

The Community Y is the first YMCA in Delaware County to receive this potentially lifesaving tool.

Narcan, also known as naloxone, is an opioid antagonist that is simple to administer, and quickly reverses the side effects of an opioid overdose. The Narcan kit, provided through grant funding from the county's Heroin Task Force and the DA's office, includes two doses with step-by-step instructions to assist anyone in administering the nasal spray.



### ANNUAL CHARITY GOLF OUTING

Monday, May 20  
Paxon Hollow Country Club  
850 Paxon Hollow Road  
Media, PA 19063

Join us on the links for a day of fun and camaraderie to support our Annual Campaign, and the communities in Delaware County!

Sponsorship opportunities are available.  
[Visit cyedc.org](http://cyedc.org) for details and to register your team today!

### OUR MISSION

The Community YMCA of Eastern Delaware County is a charitable association founded on Christian principles, dedicated to building a healthy spirit, mind and body. We are committed to being a positive part of family life by promoting the values of caring, honesty, respect and responsibility.

Lansdowne YMCA  
2110 Garrett Rd., Lansdowne, PA 19050  
P: 610.259.1661

Ridley Area YMCA  
900 South Avenue, Secane, PA 19018  
P: 610.544.1080

Community YMCA School Age  
Program at Springfield  
SLC, Sabold & Scenic Hills