



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Community YMCA of Eastern Delaware County

Pool Rules

- Obey the lifeguards at all times.
- Unsafe behavior, as determined by the lifeguards, is prohibited.
- Only US Coast Guard approved personal floatation devices (PFDs) allowed.
- No glass, including cell phones on the pool deck.
- No running. Walk while on the pool deck.
- Swim suits must be worn at all times. Basketball shorts, nylon shorts, sports bras, t-shirts, leggings, and other cotton apparel may not be worn in the pool. **Swim suits only.**
- Members and guests of all ages must change clothes in designated locker rooms / family changing rooms.
- No Diving is permitted in shallow end.
- Members who are not toilet trained must wear a swim diaper.
- Appropriate language should be used at all times; vulgar or offensive language will not be tolerated.
- Members 18 and under must have adult supervision in the pool area (13 and under if a green band).
- All members under the age of 18 must have a swim band on and visible.
- Swim Bands should be obtained at the Front Desk before entering the pool. Lifeguards will not give out swim bands except when first tested. If you do not have a band the lifeguard will issue a RED Band until tested.
- All non-swimming children must have a parent or caregiver over the age of 18 in the water and within arms' reach.
- Only YMCA staff may teach swim lessons. Pool may not be used for non-YMCA sanctioned lessons.
- Extended underwater breath-holding is prohibited.

***The lifeguard has the authority to enforce all rules necessary to ensure a safe pool environment.**