



- You will be required to follow all directions and signage posted.
- You will be required to take a Y-provided spray-cleaning bottle and use it to clean area you used. This includes the bench you sat on and the locker you used. the dumbbells, barbells & weight plates. You need to clean anything you touch.
- You will be asked to **limit your time in the locker room.**

## Facility Hours

Monday - Friday 5am - 7pm.  
 Saturday 6am - 3pm.  
 Sunday CLOSED.

For the [Swimming Pool Schedule click here.](#)

For [FAQ's about Y Membership and Facility Reopening click here.](#)

## Group Ex & Fitness Classes

Next Friday, we will be publishing a limited Group Ex & Fitness Class schedule. There will be a mix of virtual & in-person options. Advanced registration will be required for all programs, including the virtual options – unfortunately, no drop-in registrations can be accepted.

All in-person classes will have limited enrollment to ensure proper physical distancing and safety for everyone.

## 2020 U.S. Census



### Don't forget to fill out the 2020 Census.

2020 Census results will help in directing billions of dollars in federal funds to communities for schools, roads, and other public services. Results from the 2020 Census will also help to determine the number of seats that each state has in Congress.

Learn more about [why your answers matter by clicking here.](#)

## MAKE A FINANCIAL GIFT TO THE Y

This pandemic has hit everyone hard. Our community is struggling and needs our help. In addition to keeping your membership, you can make a charitable donation to the Y and help us ensure that we make a positive difference in the lives of people and our community. The Y is your partner, standing with you to strengthen our community. We can't do it alone.

You can Help Us with....

Improving the [Health & Well-Being](#) of our Community.

Improving the opportunities for learning through our [Child Development](#) programs.

[Sending Kids to Summer Day Camp](#), so they can move towards normality.

[Sustaining the Y](#) so we can continue to serve everyone in our community.

**It's your gift & your choice.**



Together we have been supporting each other and we are a stronger community because of that. Please continue to check our [Facebook page](#) and [Website](#) for updates and opportunities to help support our community.