



HELLO

Springfield YMCA – 194 W. Sproul Road – Springfield, PA 19064

610-557-YMCA (9622) ext. 3

August 3, 2020

Renovations & New Equipment

August will be a month of transformation at the Springfield Y. We have the plans to move forward with upgrades and facility improvements. We appreciate your patience and understanding in advance.

Here is what's planned.

The **Fitness Center** will be CLOSED starting Tuesday August 25th. We anticipate reopening the Center on Tuesday September 8th. During this time, we will be:

- Removing & replacing all the carpet and rubber flooring in the center.
- Removing & replacing all of the fitness equipment including cardio, selectorized weight equipment and free weight equipment.
- Installing new internet & cable wiring for the new equipment.

The existing **Wellness Center** will be moving to the current Small Group/Spin Studio. This will enable us to provide better assistance to those using the Wellness Center. Small Group and Spin classes will be relocated to other areas in the facility.

The existing **Child Watch/Babysitting** room will be relocated to the current Wellness Center on the first floor at the end of the gymnasium. This is being done because the Hospital system needs to recapture the space for their operations.

The **Tennis Barn & Track** will be getting some much-needed roof repairs. We are hoping to quell the existing leaks over the track and some courts.

We will **Expanding the Free Weight Exercise Area** onto Court 3 next to the KIDZONE (Court 1). All exercise equipment that is currently in the 3 corners of the Track will be moved to this new exercise area. This will reduce the number of total tennis courts to eight.

The existing **KIDZONE** (Court 1) will be resurfaced to create a **TURF FIELD**. This will enable us to expand all aspects of our programming for families, youth, adult and add some new sports specific training programs. The existing KIDZONE programming & equipment will be relocated to other areas in the facility.

This Fall, we will be starting work on the former Spa. We will be converting this space to a **NEW Spin, Small Group Ex Studio** and/or other program space as needed.

To help families address the upcoming school year unknowns, we will be utilizing the Yoga, Barre, racquetball and squash courts for **School Age Child Care Programs**. We will be adding two bathrooms, a virtual learning center for distance learning and the necessary support systems to help ensure kids continue to learn when they can't attend a traditional school day. Yoga & Barre classes will be relocated to other areas of the facility. We are unsure how many racquetball and squash courts will be used to **address this emerging community need**. We have every intention of making sure that courts will be available for members' use.

We will be working with the Hospital system to convert the existing Pilates Studio to a **Virtual Learning Center**. We will be upgrading the wifi in this area and providing net-book stations where members and families can access the internet to complete school & homework assignments.

Group Ex Classes are BACK!!!

Click here for the [updated class schedule](#). More classes will be added in the future and as PA guidelines allow.

The Y is MORE THAN just a gym, pool or group ex classes



This pandemic has hit everyone hard. Our community is struggling and needs our help. In addition to keeping your membership, you can make a charitable donation to the Y and help us ensure that we make a positive difference in the lives of people and our community. The Y is your partner, standing with you to strengthen our community.

Click here to find out how you can **[HELP US BUILD the FUTURE.](#)**
We can't do it alone.

Mask/Face Coverings While Inside the YMCA

- You are required to wear a mask to enter the Y and travel through the common areas (like hallways, locker rooms and the pool deck).
- Masks may be removed when exercising on a piece of equipment, but only if the member can do so while socially distant.
 - For example: If one member is "spotting" another member while weightlifting, both members must be wearing masks.

Your workout routine may now look like this:

- Enter the Y, wearing a mask
 - Take a Y-provided spray-cleaning bottle
 - Clean piece of equipment before use, using your individual spray bottle
 - Remove mask (if socially distant)
 - Complete exercise
 - Place mask back on
 - Clean piece of equipment after use
 - Move to next piece of equipment, while wearing mask
- You are now required to wear a mask to & from the locker rooms while on the pool deck. Masks may be removed prior to entering the water.
 - We strongly encourage members to continue to arrive and leave the pool in their bathing suits.



The COVID-19 virus will be with us for the foreseeable future, and we are imploring you to follow the Governor's mask-wearing requirement to wear a mask anytime you leave home. Let's all work hard together and [MASK UP DELCO](#).

Attention Business Owners

Our Goal is to make mask wearing as normal as brushing your teeth.

By now we all know the data. We all know that wearing a mask or face covering can help reduce the spread of the COVID-19 virus.

The CDC recommends that children over the age of 2 wear cloth face coverings when around people outside of their household, especially when other social/physical distancing measures are difficult to maintain. At the Y, we are developing a creative curriculum that will help children, especially our youngest, get comfortable wearing a mask. Your company's gift will help us sustain this program and enable us to provide an essential cloth mask for every child in our program.



For each \$1,000 donation, your company logo will be printed on 100 masks. [DONATE NOW](#)

Facility Hours

We will be changing and limiting the hours of operation to allow for more deep cleaning/sanitation time.

We anticipate these hours expanding in September. Currently, the Y is open;

Monday - Friday 5am - 7pm.

Saturday 6am - 3pm.

Sunday CLOSED.

For the updated [Swimming Pool Schedule click here](#).

Our Pools will CLOSE during lightning, thunder and violent storms. [Please review these procedures here](#).

For [FAQ's about Y Membership and Facility Reopening click here](#).

2020 U.S. Census



Don't forget to fill out the 2020 Census.

2020 Census results will help in directing billions of dollars in federal funds to communities for schools, roads, and other public services. Results from the 2020 Census will also help to determine the number of seats that each state has in Congress.

Learn more about [why your answers matter by clicking here](#).

Don't forget to continue to check our [Facebook page](#) and [Website](#) for updates! See you at the Y!