



HELLO

Lansdowne YMCA Ridley Area YMCA Springfield YMCA 610-557-YMCA (9622)

Sept 25, 2020

Thank you for sticking with the Y. Here are some important updates you should know about.

Addressing emerging community needs - School Age Child Care

During September, we were able to help families address the start of the school year – VIRTUALLY. Each branch pivoted and changed program areas into virtual learning centers. Over 450 school age children attended their school in a distance learning mode at the Y. Our staff has been able to provide the necessary support systems to help ensure kids continue to learn when they could not attend a traditional school day. There were blips – internet problems & connection issues – but overall the program was amazing and helped families establish a relatively normal school routine.



As schools transition to a HYBRID school schedule, the Y will pivot yet again to provide a program that provides a safety net for working families.

Doing this, helping families with child care, that's at the core of the Y's being. We appreciate your support and understanding. More importantly, over 450 families thank you for supporting this effort.

We also want to thank the following local businesses for their added financial support of our efforts: UNIVEST Financial Services, Exelon Generation, Wilmington Trust, Hopson's Cleaning Services. WE also would extend thanks to the members (who asked not to be named) who also contributed to this cause.

We are proud to be addressing this emerging community need.

Reopening Updates

We continue to add and increase to the **Programs and Services** that we are able to offer. Here are the latest additions to our program offerings.

Personal Training - September 14th

Youth & Family programs – October 5th

Youth Swim Lessons October 5th

Tennis Lessons & Clinics – October 5th

Group Ex programs & Virtual programs

Please check your home branch or our website for specific programs and meeting times.



We will draft **Membership Fees** 85% of full rate October 1 thru December 31, 2020. The new membership rates are now posted on our website. Click on the links below for specific branch information.

[Lansdowne YMCA Membership Information](#)
[Ridley Area YMCA Membership Information](#)
[Springfield YMCA Membership Information](#)

A NEW **CYEDC Branch Reciprocity** benefit program will begin on October 1. This member benefit will allow you to visit any CYEDC Branch (Lansdowne, Ridley, Springfield). Each month, at least 51% of your Y-visits must be made to your home YMCA. Parking fees at the Springfield branch are not included and must be paid by visiting members.

A NEW **TURF FIELD** has been installed at the Springfield Branch. This will enable us to expand all aspects of our programming for families, youth, adult and add some new sports specific training programs.

Child Watch/Babysitting will reopen on Saturday October 17. Registration will be required and there will be strict limits on the number of children allowed. This service may be used for dependent children only. Please check with your home branch about hours and registration procedures.

NEW Operating Hours: Monday – Friday 5:00am – 9:00pm, Saturday 6:00am – 6:00pm, Sunday 9:00am – 3:00pm. We have eliminated the noon-1pm closing of our Wellness/Fitness Centers.

The Y is MORE THAN just a gym, pool or group ex classes



Our community is struggling and needs our help. Let's face it, the Y is struggling and needs your help.

In addition to keeping your membership, you can make a charitable donation to the Y and help us ensure that we make a positive difference in the lives of people and our community.

The Y is your partner, standing with you to strengthen our community.

Click here to find out how you can [HELP US BUILD the FUTURE.](#)

An IMPORTANT Reminder

Mask/Face Coverings are REQUIRED While Inside the YMCA - PA continues to update the requirements we must follow in order to keep our doors open. As a reminder:

- **You are required to wear a mask to enter the Y and travel through the common areas** (like hallways, locker rooms, the pool deck and while moving from one exercise to another).
- **We strongly encourage you to wear a mask during your workouts.** Only if absolutely needed, may you remove your mask when exercising on a piece of equipment, but only if you can maintain a minimum 6-8ft distance from another member. You MUST put you mask back on while cleaning your equipment and moving to your next exercise.
 - For example: If one member is "spotting" another member while weightlifting, both members must be wearing masks.

Your workout routine may now look like this:

- Enter the Y, wearing a mask
- Take a Y-provided spray-cleaning bottle
- Clean piece of equipment before use, using your individual spray bottle
- Remove mask (if socially distant)
- Complete exercise
- Place mask back on
- Clean piece of equipment after use
- Move to next piece of equipment, while wearing mask



- You are now required to wear a mask to & from the locker rooms while on the pool deck. Masks may be removed prior to entering the water.
 - We strongly encourage members to continue to arrive and leave the pool in their bathing suits.

The COVID-19 virus will be with us for the foreseeable future, and we are imploring you to follow the Governor's mask-wearing requirement to wear a mask anytime you leave home. Let's all work hard together and [MASK UP DELCO](#).

Don't forget to continue to check our [Facebook page](#) and [Website](#) for updates! See you at the Y!