



**FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

Child Watch Re-opening Guidelines

Child Watch/Babysitting reopens on Monday, November 2. Registration will be required and there are strict limits on the number of children allowed. This service may be used for dependent children only. Please check with your home branch regarding days, hours, and availability.

These procedures are designed to provide Child Watch service to our families with an increased focus on preventing the possible spread of general illness and COVID-19. We have evaluated all aspects of our operations and made adaptations to meet this goal. These guidelines are based on recommendations from the CDC, the Pennsylvania Dept. of Health, and the Chester County Health Department (as of September 29, 2020) and are subject to change.

Health and Safety Leaders:

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General Guidelines:

- Before coming to the YMCA, parents must screen themselves and their children for fever (100.4 or over; oral thermometer), coughing, runny nose, sore throat, diarrhea, rash, or excessive tiredness or irritability, and if either is displaying symptoms, they should not come to the Y. **Please refer to the symptom chart on the next page.**
- Parents must always remain in the building and identify which program area they can be found; in case staff have questions or need to contact the family member for any reason.
- Children may only bring essential items, which must be approved by the Child Watch staff upon drop off. No personal items from home are recommended.
- Masks are required to be worn by all staff and children age 2 and over throughout the use of the Child Watch program and while in the YMCA building.
- Any parent or child entering the YMCA must go through the Health Screening Process, which is comprised of the Health Screening Questions, a visual inspection for symptoms, and a temperature check not to exceed 99.4 on a temporal thermometer.
- Parents are required to bring their child into the bathroom and supervise hand washing with soap and running water for 20 seconds immediately prior to bringing the child into the Child Watch room. Hand sanitizer is not recommended and only eliminates 50% of germs/virus.



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- Child Watch staff will conduct a visual inspection of the child and contact the parents if necessary, should the child develop symptoms of illness while in care.

Daily Screening

The current recommendation from the Health Department is:

If you or your child display one symptom in column A or two symptoms in column B, it is recommended that you isolate for 10 days and/or get tested for COVID-19. Additionally, you should not attend the program until the isolation period is over or you receive a negative test result.

Group A 1 or more symptoms	Group B 2 or more symptoms	
Cough	Sore throat	Headache
Shortness of breath	Chills	Congestion or runny nose
Difficulty breathing	Muscle pain	Nausea or vomiting
Lack of smell or taste (without congestion)	Fatigue	Diarrhea
	Fever	

Registration

The Child Watch service is limited on capacity so that social distancing can be enforced. Families are required to pre-register for a time slot in advance. Please register at the front desk. No drop-in services will be accepted. If not a member, click [here](#) to learn more on how to [Join our Community](#)

Time Limits

Each branch will have designated hours for Child Watch availability. Use is limited to 1 hour per day, with 15 minutes additional time for drop off and pick up. Adherence to times is required so that necessary cleaning can be performed in between groups of children.

Daily Cleaning

Child Watch staff will clean and disinfect all toys used by the children in between group sessions. Cleaning and disinfecting of frequently touched surfaces will occur throughout each session, as the children use different space/tables/manipulatives. Understanding that very young children often place toys in their mouth, staff will pay close attention and remove any toys for sanitizing and disinfecting before placing the items back on the shelves.



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Sign in/out Process

For your child's safety, children must be dropped off by a responsible adult and left in the presence of a staff member. Children must be signed in and out each time the service is used. A parent/guardian is responsible for providing the information requested in the Child Watch Program. The parent/guardian dropping off the child is responsible for picking up the child unless prior arrangements have been made and the proper authorization has been granted. The Child Watch staff will not release a child to another person other than the adult signing the child in, without written authorization. All unknown persons picking up will be asked to show proof of identification.

Food

Food is not permitted in the Child Watch space.

Diapering/Bathroom Use

Parents are responsible for diaper changes. Please make sure your child has a clean diaper when dropping him/her off. If your child requires a diaper change during their stay, the staff will locate you. Children using the bathroom will be escorted by a member of the staff, but all children should be independent in use of the rest room facilities.

Illness (suspected COVID-19)

In the event a staff member or child who was in care tests positive for COVID-19, the following procedures will be implemented:

- Once a suspected or Positive case of COVID-19 is communicated to YMCA personnel, we will immediately notify the Chester County Health Department for guidance.
- The YMCA will share contact information, with the health department, of all staff and children present at the time of possible exposure.
- The health department will conduct a contact tracing investigation to identify any participants who may have had close contact with the positive patient.
- If the Health Department finds you are a close contact, they will give you information including:
 - Your last date of exposure, which decides the timeline for quarantine
 - Expectations for quarantine
 - How to report new or worsening symptoms
 - Information about COVID-19



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If you are not contacted by the Health Department because of this exposure, you should still watch for symptoms consistent with COVID-19. These symptoms include fever, cough, shortness of breath, abnormal sense of taste and smell, sore throat, muscle pain, headache, congestion, nausea, vomiting, and diarrhea. If you or your child develops any of these symptoms, please stay home and contact your physician.