



HELLO

Springfield YMCA – 194 W. Sproul Road – Springfield, PA 19064

610-557-YMCA (9622) ext. 3

October 7, 2020

Fall is a season of change – and that includes changes at the Springfield YMCA.

Addressing emerging community needs - School Age Child Care

Starting tomorrow – Thursday, October 8 we will be supporting an additional 100 families with a new Hybrid learning program. To accomplish this, we will continue to use the squash, racquetball, and yoga studios. Additionally, we will be outfitting half of the gym floor with tables & chairs for students to use for learning. We have upgraded the wifi to ensure that everyone can connect to their teachers and classrooms.

Our staff will be working hard to provide the necessary support systems to help ensure kids continue to learn when they could not attend a traditional school day. We know there will be blips – but overall the program will help children and families establish a relatively normal school routine.



We also want to thank the following local businesses for their added financial support of our efforts: UNIVEST Financial Services, Exelon Generation, Wilmington Trust, Hopson's Cleaning Services. WE also would extend thanks to the members (who asked not to be named) who also contributed to this cause.

We are proud to be addressing this emerging community need.

The Y is MORE THAN just a gym, pool or group ex classes



We need your help.

In addition to keeping your membership, you can make a charitable donation to the Y and help us ensure that we make a positive difference in the lives of people and our community.

The Y is your partner, standing with you to strengthen our community.

[Click here](#) to find and make a donation to support our efforts.

An IMPORTANT Reminder

Mask/Face Coverings are REQUIRED While Inside the YMCA - PA continues to update the requirements we must follow in order to keep our doors open. We cannot emphasize this enough. We are asking that each member take personal responsibility to keep themselves AND others around them safe. Our staff will be continuing to talk with and remind members of the following:

- **You are required to wear a mask –**
 - **to enter the Y and travel through the common areas** (like hallways, locker rooms, the pool deck)
 - **while moving from one exercise to another.**
 - **before and after an exercise class.**
 - **while using the locker rooms.**
- **We strongly encourage you to wear a mask during your workouts.** Only if absolutely needed, may you remove your mask when exercising on a piece of equipment, but only if you can maintain a minimum 6-8ft distance from another member. ***You MUST put your mask back on while cleaning your equipment and moving to your next exercise.***
 - For example: If one member is "spotting" another member while weightlifting, both members must be wearing masks.

Your workout routine may now look like this:

- Enter the Y, wearing a mask
- Take a Y-provided spray-cleaning bottle
- Clean piece of equipment before use, using your individual spray bottle
- Remove mask (if socially distant)
- Complete exercise
- Place mask back on
- Clean piece of equipment after use
- Move to next piece of equipment, while wearing mask



The COVID-19 virus will be with us for the foreseeable future, and we are imploring you to follow the Governor's mask-wearing requirement to wear a mask anytime you leave home. Let's all work hard together and [MASK UP DELCO](#).

2020 U.S. Census

The logo for the 2020 U.S. Census, featuring the text 'United States' in a small font above 'Census' in a large, bold font, with '2020' below it, all in white on a dark blue background.

Don't forget to fill out the 2020 Census. Deadline October 31.

2020 Census results will help in directing billions of dollars in federal funds to communities for schools, roads, and other public services. Results from the 2020 Census will also help to determine the number of seats that each state has in Congress.

Learn more about [why your answers matter by clicking here](#).

FLU Shots are scheduled for Monday October 12 from 1-5pm at the Springfield Y. With the flu season approaching it is critical that you get vaccinated. Please stop by on Monday.

Don't forget to continue to check our [Facebook page](#) and [Website](#) for updates! See you at the Y!