



November 13, 2020

Dear Members,

The increase in Covid-19 cases in our communities is alarming. It's affecting everyone and everything including the Y.

I am sending this email to you as a reminder of our guidelines and ask that you do your very best to follow them.

You can find the guidelines here: [Y Member and Facility Reopening FAQ's](#).

I am asking your increased cooperation in the following ways:

1. Wear your mask/face covering during the entirety of your workout. Yes, it is harder, I know because I have been doing it, but it can be done.
2. If you have health concerns and wearing a mask/face covering is too restrictive, wear a face shield. This will become a requirement in the near future.
3. If you are using our locker rooms – you **MUST** wear a mask at all times, except when you are showering.
4. If you are using our swimming pools – you **MUST** wear a mask from the locker room to the pool. You may remove your mask before you enter the water and must put it back on as you exit the water.
5. If you are working out in our Fitness Centers or Weight Areas – you **MUST** take a spray bottle and clean your equipment before and after each use. You must return the spray bottle to the Y as you leave the facility.

We are going to continue to do our best to be safe and stay open – BUT that depends on your help.

With your help, we can continue to be here for you.

Sincerely,

Michael Ranck  
President/CEO