

SPRINGFIELD BRANCH POOL SCHEDULE

EFFECTIVE MARCH 8, 2021



6 LANE LAP POOL:

MONDAY

TIME

5:05am-8:30 pm

ACTIVITY

Lap Swim

TUESDAY

TIME

5:05am-8:30 pm

ACTIVITY

Lap Swim

WEDNESDAY

TIME

5:05am-8:30 pm

ACTIVITY

Lap Swim

THURSDAY

TIME

5:05am-8:30 pm

Lane 1 will be Closed Thursday's (9:55-11:00am) for Aqua MS Class w/ Vicky.

ACTIVITY

Lap Swim

FRIDAY

TIME

5:05am-8:30 pm

ACTIVITY

Lap Swim

SATURDAY

TIME

6:05am-5:30pm

ACTIVITY

Lap Swim

SUNDAY

TIME

7:05am-2:30pm

ACTIVITY

Lap Swim

ACTIVITY / THERAPY POOL:

MONDAY

TIME

5:05-7:50am

7:50-9:00am

9:00-10:50am

10:50am-12:00pm

12:00-1:00pm

1:00-3:30pm

3:30-5:00pm

5:00-7:00pm

7:00-8:30pm

ACTIVITY

Open

Aqua Fit W/ Trina

Open

Aqua Fibromyalgia W/ Maria

Aqua Fitness W/ Maria

Open

Closed (Swim Lessons)

Closed (PT)

Open

TUESDAY

TIME

5:05-8:20am

8:20am-9:30am

9:30-10:00am

10:00am-12:00pm

12:00-6:15pm

6:15-7:00pm

7:00-8:30pm

ACTIVITY

Open

Aqua Class w/ Trina

Open

Closed (PT)

Open

Aqua Interval W/ Janice

Open

WEDNESDAY

TIME

5:05-7:50am

7:50-9:00am

9:00-10:00am

10:00-10:50am

10:50-11:45am

11:45am-3:30pm

3:30-5:00pm

5:00-7:00pm

7:00-8:30pm

ACTIVITY

Open

Aqua Fit W/ Trina

Aqua Class w/ Vicki

Aqua Class w/ Vicki

Aqua Total Body Fit W/ Tina

Open

Closed (Swim Lessons)

Closed (PT)

Open

THURSDAY

TIME

5:05-8:20am

8:20-9:30am

9:30-10:00am

10:00am-12:00pm

12:00-3:30pm

3:30-7:00pm

7:00-7:45pm

8:00-8:30pm

ACTIVITY

Open

Aqua Interval W/ Janice

Open

Closed (PT)

Open

Closed (Swim Lessons)

Total Aqua Body Fit W/ Alyce

Open

FRIDAY

TIME

5:05-7:50am

7:50-9:00am

9:00-10:00am

10:00-10:50am

10:50am-12:00pm

12:00-1:00pm

1:00-8:30pm

ACTIVITY

Open

Aqua Barre W/ Trina

Open

Closed (PT)

Aqua Integrative Ai Chi W/ Maria

Aqua Fitness W/ Maria

Open

SATURDAY

TIME

6:05-8:50am

8:50am-12:15pm

12:20-1:30pm

1:30-5:30pm

ACTIVITY

Open

Closed (Swim lessons)

Closed (Aqua Fitness Class)

Open

SUNDAY

TIME

7:05am-2:30pm

ACTIVITY

Open

Pool & Deck Close Promptly On:

Weekdays (M-F) @ 8:30 PM | Saturday @ 5:30 PM | Sunday @ 2:30 PM