

# SPRINGFIELD BRANCH POOL SCHEDULE Summer Session



## 6 LANE LAP POOL:

### MONDAY

#### TIME

5:05am-1:00pm

1:00-3:00pm

3:00-8:30pm

\* Lane 6 will be Closed 9:15am-12pm for Swim Lessons.

#### ACTIVITY

Lap Swim

Closed (Camp Swim)

Lap Swim

### TUESDAY

#### TIME

5:05am-1:00pm

1:00-3:00pm

3:00-8:30pm

#### ACTIVITY

Lap Swim

Closed (Camp Swim)

Lap Swim

### WEDNESDAY

#### TIME

5:05am-1:00pm

1:00-3:00pm

3:00-8:30pm

\* Lane 6 will be Closed 9:15am-12pm for Swim Lessons.

#### ACTIVITY

Lap Swim

Closed (Camp Swim)

Lap Swim

### THURSDAY

#### TIME

5:05am-1:00pm

1:00-3:00pm

3:00-8:30pm

Lane 1 will be Closed Thursday's (9:55-11am) for

Aqua Power Class with Janice.

#### ACTIVITY

Lap Swim

Closed (Camp Swim)

Lap Swim

### FRIDAY

#### TIME

5:05am-1:00pm

1:00-3:00pm

3:00-8:30pm

\* Lane 6 will be Closed 9:15am-12pm for Swim Lessons.

#### ACTIVITY

Lap Swim

Closed (Camp Swim)

Lap Swim

### SATURDAY

#### TIME

6:05am-5:30pm

#### ACTIVITY

Lap Swim

### SUNDAY

#### TIME

7:05am-2:30pm

#### ACTIVITY

Lap Swim

## ACTIVITY / THERAPY POOL:

### MONDAY

#### TIME

5:05-7:55am

7:55-9:00am

9:00-10:50am

10:50am-12:00pm

12:00-1:00pm

1:00-3:00pm

3:00-5:00pm

5:00-7:00pm

7:00-8:30pm

#### ACTIVITY

Open

Aqua Fit W/ Trina

Closed (Swim Lessons)

Aqua Fibromyalgia W/ Maria

Aqua Fibromyalgia W/ Maria

Closed (Camp Swim)

Closed (Swim Lessons)

Closed (PT)

Open

### TUESDAY

#### TIME

5:05-8:20am

8:20am-9:30am

9:30-10:00am

10:00am-12:00pm

12:00-1:00pm

1:00-3:00pm

3:00-7:00pm

7:15-8:00pm

8:00-8:30pm

#### ACTIVITY

Open

Aqua Barre w/ Trina

Open

Closed (PT)

Open

Closed (Camp Swim)

Open

Aqua Body Fit W/ Alyce

Open

### WEDNESDAY

#### TIME

5:05-7:55am

7:55-9:00am

9:00-10:00am

10:00-10:50am

10:50am-12:00pm

12:00-1:00pm

1:00-3:00pm

3:00-5:00pm

5:00-7:00pm

7:00-8:30pm

#### ACTIVITY

Open

Aqua Fit W/ Trina

Closed (Swim Lessons)

Aqua Interval w/ Alyce

Aqua Total Body Fit W/ Tina

Aqua Zumba w/ Amanda

Closed (Camp Swim)

Closed (Swim Lessons)

Closed (PT)

Open

### THURSDAY

#### TIME

5:05-8:55am

8:55-9:50am

10:00am-12:00pm

12:00-1:00pm

1:00-3:00pm

3:00-7:00pm

7:00-8:00pm

8:00-8:30pm

#### ACTIVITY

Open

Aqua Class W/ Janice

Closed (PT)

Open

Closed (Camp Swim)

Closed (Swim Lessons)

Total Aqua Body Fit W/ Alyce

Open

### FRIDAY

#### TIME

5:05-8:15am

8:15-9:30am

9:30-10:00am

10:00-10:50am

10:50am-12:00pm

12:00-1:00pm

1:00-3:00pm

3:00-8:30pm

#### ACTIVITY

Open

Aqua Barre W/ Trina

Open

Closed (PT)

Aqua Integrative Ai Chi W/ Maria

Aqua Integrative Ai Chi W/ Maria

Closed (Camp Swim)

Open

### SATURDAY

#### TIME

6:05-10:45am

10:45am-12:15pm

12:15-1:30pm

1:30-5:30pm

#### ACTIVITY

Open

Closed (Swim lessons)

Closed (Aqua Fitness Class)

Open

### SUNDAY

#### TIME

7:05am-2:30pm

#### ACTIVITY

Open

**Pool & Deck Close Promptly On:**  
Weekdays (M-F) @ 8:30 PM | Saturday @ 5:30 PM | Sunday @ 2:30 PM