

SPRINGFIELD BRANCH POOL SCHEDULE



6 LANE LAP POOL:

MONDAY

TIME

5:05am-9:30pm

ACTIVITY

Lap Swim

TUESDAY

TIME

5:05am-9:30pm

ACTIVITY

Lap Swim

WEDNESDAY

TIME

5:05am-9:30pm

ACTIVITY

Lap Swim

THURSDAY

TIME

5:05am-9:30pm

ACTIVITY

Lap Swim

Lane 1 will be Closed Thursday's (9:55-11am) for
AquaMS Class with Janice.

FRIDAY

TIME

5:05am-8:30pm

ACTIVITY

Lap Swim

SATURDAY

TIME

6:05am-5:30pm

ACTIVITY

Lap Swim

SUNDAY

TIME

7:05am-4:30pm

ACTIVITY

Lap Swim

ACTIVITY / THERAPY POOL:

MONDAY

TIME

5:05-7:55am

ACTIVITY

Open

7:55-9:00am

Aqua Fit W/ Trina

9:00-11am

Closed (Swim Lessons)

11:00am-12:50pm

Aqua Fibromyalgia W/ Maria

12:50-3:00pm

Open

3:00-5:00pm

Closed (Swim Lessons)

5:00-7:05pm

Closed (PT)

7:05-9:30pm

Open

TUESDAY

TIME

5:05-8:25am

ACTIVITY

Open

8:25am-9:30am

Aqua Class w/ Trina

9:35-10:00am

Open

10:00am-12:00pm

Closed (PT)

12:00-3:00pm

Open

3:00-5:00pm

Closed (Swim Lessons)

5:00-7:15pm

Open

7:15-8:00pm

Aqua Body Fit W/ Alyce

8:05-9:30pm

Open

WEDNESDAY

TIME

5:05-7:55am

ACTIVITY

Open

7:55-9:00am

Aqua Fit W/ Trina

9:00-10:00am

Closed (Swim Lessons)

10:00-10:50am

Aqua Interval w/ Alyce

10:50am-12:00pm

Aqua Total Body Fit W/ Tina

12:00-12:45pm

Aqua Zumba w/ Amanda

1:00-3:00pm

Open

3:00-5:00pm

Closed (Swim Lessons)

5:00-7:00pm

Closed (PT)

7:05-9:30pm

Open

THURSDAY

TIME

5:05-9:00am

ACTIVITY

Open

9:00-10:00am

Aqua Parkinson's W/ Vickie

10:00am-12:00pm

Closed (PT)

12:00-12:50pm

Aqua Zumba

1:00-2:00pm

Open

2:00-3:00pm

Pre-school Swim (Closed)

3:00-7:15pm

Swim Lessons (Closed)

7:15-8:00pm

Total Aqua Body Fit W/ Alyce

8:00-9:30pm

Open

FRIDAY

TIME

5:05-9:00am

ACTIVITY

Open

9:00-10:00am

Aqua Party W/ Trina

10:00-11:00am

Closed (PT)

11:00am-12:00pm

Aqua Integrative Ai Chi W/ Maria

12:00-12:50pm

Aqua Integrative Ai Chi W/ Maria

12:50-3:00pm

Open

3:00-5:00pm

Closed (Swim Squad)

5:00-8:30pm

Open

SATURDAY

TIME

6:05-8:45am

ACTIVITY

Open

8:45am-12:15pm

Closed (Swim lessons)

12:15-1:30pm

Closed (Aqua Fitness Class)

1:30-5:30pm

Open

SUNDAY

TIME

7:05am-4:30pm

ACTIVITY

Open

Pool & Deck Close Promptly On:

Weekdays (M-TH) @ 9:30 PM | Friday @ 8:30 PM | Saturday @ 5:30 PM | Sunday @ 4:30 PM