SPRINGFIELD BRANCH POOL SCHEDULE

6 LANE LAP POOL:

MONDAY

TIME	ACTIVITY
5:05am-9:30pm	Lap Swim

Three Lanes CLOSED for Springfield High School Swim Team, 3-5pm
Lane 6 will be CLOSED Monday 5-6pm for Swim Lessons.

TUESDAY

TIME	ACTIVITY
5:05am-9:30pm	Lap Swim

Lane 1 will be CLOSED Tuesday 9:30-10:30am for Aqua Easy Class with Vickie.
Lane 6 will be CLOSED Monday 5-6pm for Swim Lessons.

WEDNESDAY

TIME	ACTIVITY
5:05am-9:30pm	Lap Swim

Three Lanes CLOSED for Springfield High School Swim Team, 3-5pm
Lane 6 will be CLOSED Monday 5-6pm for Swim Lessons.

THURSDAY

TIME	ACTIVITY
5:05am-9:30pm	Lap Swim

Lane 1 will be Closed Thursday 9:55-11am for AquaMS Class with Vickie.

FRIDAY

TIME	ACTIVITY
5:05am-8:30pm	Lap Swim

Three Lanes CLOSED for Springfield High School Swim Team, 3-5pm

SATURDAY

TIME	ACTIVITY
6:05am-5:30pm	Lap Swim

SUNDAY

TIME	ACTIVITY
7:05am-4:30pm	Lap Swim

ACTIVITY / THERAPY POOL:

MONDAY

TIME	ACTIVITY
5:05am-7:55am	Open
7:55am-9:00am	Aqua Fit W/ Trina
9:00am-10:00am	Closed (Swim Lessons)
11:00am-12:50pm	Aqua Fibromyalgia W/ Maria
12:50pm-3:00pm	Open
3:00pm-5:00pm	Closed (Swim Lessons)
5:00pm-7:15pm	Closed (PT)
7:15pm-9:30pm	Open

TUESDAY

TIME	ACTIVITY
5:05am-8:25am	Open
8:25am-9:30am	Aqua Class w/ Trina
9:35am-10:00am	Open
10:00am-12:00pm	Closed (PT)
12:00pm-1:30pm	Open
1:30pm-2:15pm	Aqua Pump
2:15pm-6:00pm	Closed (Swim Lessons)
6:00pm-7:15pm	Open
7:15pm-8:00pm	Aqua Body Fit W/ Alyce
8:05pm-9:30pm	Open

WEDNESDAY

TIME	ACTIVITY
5:05am-7:55am	Open
8:00am-8:45am	Aqua Fit W/ Trina
9:00am-10:00am	Closed (Swim Lessons)
10:05am-10:50am	Aqua Interval w/ Alyce
11:00am-11:45am	Aqua Total Body Fit W/ Tina
12:00pm-12:45pm	Aqua Zumba w/ Amanda
12:50-3:00pm	Open
3:00-5:00pm	Closed (Swim Lessons)
5:00-7:15pm	Closed (PT)
7:05-9:30pm	Open

THURSDAY

TIME	ACTIVITY
5:05am-9:00am	Open
9:05am-9:500am	Aqua Parkinson's W/ Vickie
10:00am-12:00pm	Closed (PT)
12:05pm-12:50pm	Aqua Zumba w/ Nikki
12:50pm-2:00pm	Open
2:00pm-3:00pm	Pre-school Swim (Closed)
3:00pm-7:15pm	Swim Lessons (Closed)
7:15pm-8:00pm	Total Aqua Body Fit W/ Alyce
8:05pm-9:30pm	Open

FRIDAY

TIME	ACTIVITY
5:05am-9:00am	Open
9:00am-9:45am	Aqua Party W/ Trina
10:00am-11:00am	Closed (PT)
11:05am-11:50pm	Aqua Integrative Ai Chi W/ Maria
12:00pm-12:45pm	Aqua Integrative Ai Chi W/ Maria
12:50pm-:8:30pm	Open

SATURDAY

TIME	ACTIVITY
6:05-8:30am	Open
8:30am-12:15pm	Closed (Swim lessons)
12:15-1:30pm	Closed (Aqua Fitness Class)
1:30-5:30pm	Open

SUNDAY

TIME	ACTIVITY
7:05am-4:30pm	Open

Pool & Deck Close Promptly On:
Weekdays (M-TH) @ 9:30 PM | Friday @ 8:30 PM | Saturday @ 5:30 PM | Sunday @ 4:30 PM