

# LANSDOWNE BRANCH POOL SCHEDULE WINTER 2022 SESSION

Effective January 3 - February 20, 2022



## MONDAY

### TIME

5:05-8:45am  
12-2pm  
2-3:45pm  
5:30-6:50pm  
9-9:45pm

### ACTIVITY

Lap Swim/Water Walking  
Lap Swim/Water Walking  
Open Swim/Lap Swim  
Open Swim/Lap Swim  
Lap Swim/Water Walking

## TUESDAY

### TIME

5:05-8:45am  
12-2pm  
2-3:45pm  
5:30-6:30pm  
9-9:45pm

### ACTIVITY

Lap Swim/Water Walking  
Lap Swim/Water Walking  
Open Swim/Lap Swim  
Lap/Water Walking  
Lap Swim/Water Walking

## WEDNESDAY

### TIME

5:05-8:45am  
12-2pm  
2-3:45pm  
5:30-6:50pm  
9-9:45pm

### ACTIVITY

Lap Swim/Water Walking  
Lap Swim/Water Walking  
Open Swim/Lap Swim  
Open Swim/Lap Swim  
Lap Swim/Water Walking

## THURSDAY

### TIME

5:05-8:45am  
12-2pm  
2-3:45pm  
5:30-6:30pm  
9-9:45pm

### ACTIVITY

Lap Swim/Water Walking  
Lap Swim/Water Walking  
Open Swim/Lap Swim  
Lap/Water Walking  
Lap Swim/Water Walking

## FRIDAY

### TIME

5:05-8:45am  
12-2pm  
2-3:45pm  
8:35-9:45pm

### ACTIVITY

Lap Swim/Water Walking  
Lap Swim/Water Walking  
Open Swim/Lap Swim  
Open/Lap Swim

## SATURDAY

### TIME

6:05-8:40am  
1:45-2:45pm  
2:45-5:45pm

### ACTIVITY

Lap Swim/Water Walking  
Lap/Water Walking  
Open Swim

## SUNDAY

### TIME

12:30-1:30pm  
1:30-4:45pm

### ACTIVITY

Lap Swim/Water Walking  
Open Swim (4 lanes)

## NOTES:

- Open Swim: CYEDC Members of all ages in recreational swim.
- Member reciprocity (non-CYEDC branches) and guests are not permitted during open swim sessions.
- Parents must accompany children in accordance with the CYEDC Test, Mark, Protect policy.
- Space is available on a first come, first serve basis according to maximum capacity in each pool facility.
- Admission to each open swim session will require check in at the membership desk to secure an admission wristband.
- Lifeguards will close the pool at the completion of each swim session and members must exit the pool area for others to enter for the next session.

## Aqua Fitness

### Tuesday

9-9:45am Aqua Aerobics  
10-10:45am Silver Sneakers  
Splash

### Thursday

9-9:45am Aqua Aerobics  
10-10:45am Silver Sneakers  
Splash